

飞行前准备

 氧气.....测试, 100%
 飞行仪表.....航向____, 高度表____
 停留刹车.....调定
 燃油控制电门.....关断

起动前

 驾驶舱准备.....完成(两人)
 旅客信号牌.....
 风挡.....锁定
 MCP.....V2__ HDG__ ALT__
 起飞速度.....V1__ VR__ V2__
 CDU 准备.....完成
 配平.....__单位, 0.0
 滑行/起飞简令.....完成
 红色防撞灯.....ON

滑行前

 防冰.....
 左和右隔离电门.....OFF
 再现.....检查
 自动刹车.....RTO
 飞行操纵.....检查
 地面设备.....撤离

起飞前

 简令.....完成
 襟翼.....
 起飞跑道.....证实
 客舱机组.....通知
 TCAS.....TA/RA

起飞后

 起落架.....UP AND OFF
 襟翼.....收上
 组件.....ON
 气压基准.....__调定(两人)

下降

 增压.....着陆高度____
 再现.....已检查
 自动刹车.....
 着陆数据.....VREF__, 最低标准____
 进近简令.....完成
 气压基准.....__调定(两人)

进近

 高度表.....
 安全带指示灯.....ON

着陆

 自动刹车.....按需
 减速板.....预位
 起落架.....放下
 襟翼.....

停机

 发动机.....OFF
 液压面板.....调定
 燃油泵.....OFF
 风挡加温.....OFF
 襟翼.....收上
 停留刹车.....
 燃油控制电门.....关断
 气象雷达.....OFF

离机

 IRS.....OFF
 紧急灯光.....OFF
 组件.....OFF

COCKPIT PREP.

OXYGEN.....TEST,100%
 INSTRUMENTS.....HDG __,ALTIMETER __
 PARKING BRAKE.....SET
 FUEL CONTROL SWITCHES.....CUTOFF

BEFORE START

COCKPIT PREPARATION.....COMPLETED(BOTH)
 SEAT BELTS.....
 WINDSHIELD.....LOCKED
 MCP.....V2 __,HDG __,ALT __
 TAKEOFF SPEEDS.....V1 __,VR __,V2 __
 ALTIMETER.....SET(BOTH)
 CDU PREPARATION.....COMPLETED
 TRIM.....UNITS,0.0
 TAXI AND TAKEOFF BRIEF.....COMPLETED
 RED BEACON.....ON

BEFORE TAXI

ANTI ICE.....
 L & R ISOLATION VALVE.....OFF
 RECALL.....CHECKED
 AUTOBRAKE.....RTO
 F/CTL.....CHECKED
 GROUND VEHICLES.....REMOVED

BEFORE TAKEOFF

BRIEFING.....COMPLETED
 FLAPS.....
 TAKEOFF RWY.....VERIFY(BOTH)
 CABIN CREW.....NOTIFY
 TCAS.....TA/RA

AFTER TAKEOFF

LANDING GEAR.....UP AND OFF
 FLAPS.....RETRACTED
 PACKS.....ON
 BARO REF.....STD SET(BOTH)

DESCENT

PRESSURE.....LDG ALT __
 RECALL.....CHECKED
 AUTOBRAKE.....
 LANDING DATA.....VERF __,MINIMUM __
 APPROACH BRIEF.....COMPLETED
 BARO REF.....SET(BOTH)

APPROACH

ALTIMETER.....
 SEAT BELTS.....ON

LANDING

AUTOBRAKE.....AS REQUIRED
 SPOILERS.....ARMED
 LANDING GEAR.....DOWN
 FLAPS.....

PARKING

ENGINES.....OFF
 HYDRAULIC SYSTEM.....SET
 FUEL PUMPS.....OFF
 WINDSHIELD HEAT.....OFF
 FLAPS.....UP
 PARKING BRAKE.....
 FUEL CONTROL SWITCHES.....CUTOFF
 RADAR.....OFF

SECURE

IRS.....OFF
 EMERGENCY LIGHT.....OFF
 PACKS.....OFF